

Hard to Stop a Train



Four Wall Line Dance
144 BPM
Choreography by Norm Gifford

Music : **It's Hard to Stop a Train - Eddie Bush**

(Step, lock, step, brush, pivot turn ½ right, shuffle steps forward)

- 1-4 Right step forward; left lock behind right; right step forward; left brush
- 5-6 Left step forward; pivot turn ½ right
- 7&8 Shuffle steps forward (LRL) [6:00]

(Step, lock, step, brush, rock step, replace, shuffle steps turning ½ left)

- 1-4 Right step forward; left lock behind right; right step forward; left brush
- 5-6 Left rock-step forward; right replace back
- 7&8 Shuffle steps turning ½ left (LRL) [12:00]

(Grapevine right, brush, crossover, replace, shuffle steps turning ¼ left)

- 1-4 Right step side, left behind, right step side; left brush across right
- 5-6 Left crossover; right replace
- 7&8 Shuffle steps turning ¼ left (LRL) [9:00]

(Cross-lock steps left oblique, ronde, rock-step, replace, turning ¼ left long step to side, draw together)

- 1-2 Right crossover; left lock behind right moving left oblique
- 3-4 Right crossover oblique; left wide sweep forward
- 5-6 Left rock-step forward; right replace
- 7-8 Turn ¼ left with a long step to the side; right draw slowly together [6:00]

(Crossover, step back, step side, crossover, step back, step side, crossover, hold)

- 1-3 Right crossover; left step moving back; right step side
- 4-6 Left crossover; right step moving back; left step side
- 7-8 Right crossover forward; hold

(Rock forward, replace back, shuffle steps turning ¾ left, rock-step, replace, step back with draw)

- 1-2 Left rock-step forward; right replace back
- 3&4 Left triple step turn ¾ left (LRL) [9:00]
- 5-6 Right rock-step forward; left replace
- 7-8 Right large step back; slowly draw left together

Hard to Stop a Train - continued

(Coaster step, hold, scissor step, hold)

- 1-4 Left step back; right together; left step forward; hold
- 5-8 Right step side; left step back; right crossover; hold

(Left foot Monterey turns ¼ left, right touch together on last count)

- 1-2 Left touch side; bring left together turning ¼ left onto left foot
- 3-4 Right touch side; right step together [6:00]
- 5-6 Left touch side; bring left together turning ¼ left onto left foot
- 7-8 Right touch side; right touch together [3:00]

Tag: Do only after second wall (facing 6:00) when dancing to **"It's Hard to Stop a Train"**

(Normal Monterey turns, each turning ½ right)

- 1-2 Right touch side; bring right together turning ½ right onto right foot
- 3-4 Left touch side; left step together [12:00]
- 5-6 Right touch side; bring right together turning ½ right onto right foot
- 7-8 Left touch side; left step together [6:00]