

AB Four



Absolute Beginner Level Linedance
Four-wall, 32 count
Choreographed by Norman Gifford
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MUSIC: Any good 4 Beat straight rhythm music

(Mambo steps forward-back with pauses)

- 1-4 Right rock forward; left replace; right together; pause
- 5-8 Left rock back; right replace; left together; pause

(Side mambo steps with pauses)

- 1-4 Right rock side; left replace; right together; pause
- 5-8 Left rock side; right replace; left together; pause

(Charleston step)

- 1-4 Right step forward; left kick; left replace; right touch back
- 5-8 Right step forward; left kick; left replace; right touch back

(Grapevine right, touch, grapevine left with a ¼ turn, touch)

- 1-4 Right step side; left behind; right step side; left touch together
- 5-8 Left step side; right behind; left step side turning ¼ left; right touch [9:00]

BEGIN AGAIN